



**The Sisters of St. Thomas Aquinas**

20120 Barnett Road

Brooksville, Florida, 34601

*Spring 2014*

Dear Reader,

**Our Work in the Novitiate House**

As the spring ushers in the warm weather, our novice and our three postulants advance in their classes and training. They are now taking courses in Latin, the Psalter, and the principles of the spiritual life. Daily applying what they learn, the postulants are now more familiar with the life of a religious, especially in chanting the Divine Office and following the daily schedule of convent life.



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### Our Work at School

The middle school science class has been recently studying the heart and its four chambers. They were very excited to have the opportunity to experiment with the dissection of a sheep's heart which is very similar to the anatomy and physiology of the human organ.



By a unanimous vote, the favorite time of the day for the students is unquestionably the midday recess, an enjoyable, as well as mind-relieving, half hour of hard play in the spring sunshine. The boys have been learning to play football. It is a challenge for the young ones to acquire the discipline of maintaining positions and performing different set plays.



### Our Lenten Work

During this liturgical season of Lent, the students observe some traditional practices. Each class makes resolutions to practice a particular virtue or to give up something to which they are attached. The students track their progress in keeping these resolutions by means of a Lenten calendar of forty days. With a paper cross, they mark the day that they have faithfully kept these resolutions, slowly moving their cross to the top of the calendar, where the scene of Calvary is depicted. Their goal is to reach the foot of the Cross through the faithful keeping of the resolutions.



The students also listen to a Lenten sermon at every morning Mass. In these conferences Father explains to them the Lenten Gospel of the day, reminding them again and again of the purpose of Lent, the importance of dying to self so that they may truly rise with Christ on Easter.



May God bestow His graces upon you during these remaining days of Lent, and may you have a holy and blessed Easter. We thank you for your faithful and generous support and ask that you continue to pray for our Congregation.

In Jesus through Mary,  
The Sisters of St. Thomas Aquinas